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DELAWARE PUBLIC HEALTH SERIES

Awareness to Action: Diabetes Prevention and Management

This 60-minute course provides an in-depth review of Quality Insights Diabetes Self-Management Education and Support (DSMES) Practice Module with inclusion of diabetes prevention strategies. This module was developed through a joint partnership with the Delaware Division of Public Health and CDC-grant funding. The purpose of this course is to increase awareness of available DSMES and National Diabetes Prevention Program (National DPP) services and increase referrals to these programs in Delaware.

Recommended Audience

The information in this course is appropriate for nurses, physicians, physician assistants, nurse practitioners, and other office staff.

Continuing Education

Nurses: This course is approved for 1.0 hours of Continuing Education for Nursing. Quality Insights accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Physicians: The CAMC Health Education and Research Institute designates this internet enduring material activity for a maximum of 1 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Questions?

Please contact your Quality Insights Practice Transformation Specialist for questions about course content or Robina Montague at RMontague@qualityinsights.org. For technical assistance with the learning platform, please email EDISCO@qualityinsights.org.

Learning Objectives

- Describe the burden and impact of prediabetes and diabetes in Delaware
- Explain National Diabetes Prevention Program (DPP) and Diabetes Self-Management Education and Support (DSMES) program benefits
- Identify in-person and virtual National DPP and certified DSMES program options

Course Requirements

- Complete the readings, videos, and online activities included in the 60-minute e-learn
- Pass a final knowledge check with a score of 80% or better
- Complete an evaluation