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includes 1.5 NURSING CE<sup>s</sup>\*

# Actions to Improve Health Literacy

*Health literacy is a silent but significant barrier for adults, especially the elderly. Nearly nine out of 10 adults in the U.S. have health literacy issues that reach across all socioeconomic, cultural/race, and education levels. Learn techniques to tackle barriers and address various health literacy issues in this 90-minute interactive online course from EDISCO™ by Quality Insights.*

This course explores four key areas of health literacy—Measurement, Navigation, and Verbal and Written Communication—and offers tips and supportive tools with multimedia scenarios and interactive activities.

Patient resources are included, as well as handouts featuring evidence-based tools and techniques, such as the Rapid Estimate of Adult Literacy in Medicine-Short Form (REALM-SF) and the teach-back method.

*Quality Insights has no conflicts of interest in the development of this course content.*

## Recommended Audience:

The information in this course is appropriate for nurses and other healthcare providers.

## Learning Objectives:

- Identify three (3) red flags that indicate health literacy issues
- Explain how to check written patient materials for readability levels
- Describe one (1) method to assess patients' understanding of patient education/instructions

## Course Requirements:

- Watch several short videos
- Participate in several online activities
- Pass a final knowledge check with a score of 80% or better
- Complete an evaluation



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\* This continuing nursing education activity was approved by the Alabama State Nurses Association, an accredited approver of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). E-013020-MD