

To make sure you can do all the things  
on your bucket list, put this at the top:

# Schedule a colonoscopy

If you're 50 or older, a colonoscopy can  
not only find polyps that can lead to  
cancer, but also remove them on the spot.

**Talk to your doctor or call  
2-1-1 toll-free to schedule one today.  
Visit [HealthyDelaware.org/Colon](http://HealthyDelaware.org/Colon) for details.**



*DELAWARE HEALTH AND SOCIAL SERVICES*  
Division of Public Health  
Comprehensive Cancer Control Program