

# Lung Cancer Screening Conversation Suggestions

Talk with your patient about lung cancer screening and smoking if your patient is age 55 to 80 and has been or is a smoker.



## ✓ **DISCUSS WHY SCREENING IS IMPORTANT.**

- Can detect lung cancer at an early stage, when it's most treatable
- Has been proven to be effective—reducing the risk of dying of lung cancer by 20% (Source: *Talking With Your Patients About Screening for Lung Cancer*; U.S. Preventive Services Task Force, December 31, 2013)

## ✓ **EXPLAIN ABOUT THE SCREENING.**

- Low-dose CT scan
- Evaluated by a multidisciplinary team
- Is covered by most insurances and could be free for people who are uninsured or underinsured through Screening for Life
- Initiate the shared decision discussion by educating the patient on the lung screening process and the associated benefits and risks

## ✓ **REFER SMOKERS TO THE QUITLINE.**

- If your patient currently smokes, recommend he or she call the Delaware Quitline—866-409-1858 toll-free—to enroll in the program.
  - » The Delaware Quitline is a free service available to residents of Delaware age 18 and older.
    - Including college students or members of the military living in the state of Delaware
  - » Phone (five sessions) or face-to-face counseling (three sessions) available—Delaware offers a unique program, in that only a handful of states across the country are able to provide both phone and face-to-face counseling.
  - » Your patient may be eligible for free nicotine replacement therapy (NRT) and other cessation aids for up to eight weeks; client will receive information about qualification at first counseling appointment.
    - Aids available: patch, gum, lozenge, nasal spray, inhaler, Zyban, Chantix

## ✓ **HAVE YOUR PATIENTS SIGN THE REFERRAL/CONSENT FORM.**

- This form allows us to have the Lung Cancer Screening Nurse Navigator facilitate screening and follow-up. Please then fax the form to (302) 739-2545.

## ✓ **EXPLAIN HOW THE LUNG CANCER SCREENING NURSE NAVIGATOR WILL HELP.**

- Can schedule the screening for the patient
- Makes sure results are provided to the referring physician
- Provides follow-up help if the result is abnormal